

# Summer Camps



**1-800-777-1720**

NIH Resource & Referral Service

# 2007



# Selecting Quality Summer Care

A Guide for Parents

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# Step 1: Getting Started

## READ THIS GUIDE AND MAKE YOUR TO-DO LIST

Swimming, camping, art and science projects, sports...your child may be looking forward to the leisure and adventure of summer. For parents, it can be challenging to piece together a summer arrangement that engages your child and meets your family's requirements for care. The time to begin is now.

Use this guide this winter as you are setting up summer care for your child and preparing him/her for the upcoming change in schedule, especially if this will be your child's first camp experience or if you are making a plan that includes multiple camp programs. Just as you selected care for the school year, you will want to think about the various elements of care, such as staff training, nutrition, activities/curriculum, transportation and your family budget.

Consider letting your child be part of the decision-making process so that you both will be satisfied with the arrangements that are made. For example, your child might express his/her hope to attend the same camp as his/her best friend. Or your teen may want to attend a soccer camp to develop his/her skill in preparation for the school team tryouts in the fall. This booklet will help you:

- understand the types of care,
- survey your child's interests,
- evaluate camps that might fit your family's need, and
- prepare your child for camp.

After reading this Guide, take a few moments to write your to-do list. Also, as you are planning for care arrangements, take some time to discuss activities you can enjoy together as a family this summer.

### Sample To-Do List

#### January—February

- ☐ Talk with your child about their interests
- ☐ Ask friends for recommendations
- ☐ Collect information about camps
  - ☐ *Attend a Camp Fair at work or in your community (e.g., mall)*
  - ☐ *Contact the NIH Resource & Referral Service for specific help*
  - ☐ *Call your County Recreation Department for a local directory*

#### March

- ☐ Interview Camp Directors
- ☐ Apply to camps

#### April

- ☐ Prepare your child for camp
- ☐ Schedule a camp physical

#### May

- ☐ Arrange travel to and from camp
- ☐ Make a shopping list for camp gear

## Step 2: Understand the Care Options

### ENRICHING SUMMER PROGRAMS COME IN MANY FORMS

Enriching summer programs are available through many types of organizations, enabling children to have fun and explore at their own pace.

Your goal may be for your child to have opportunities to participate in a variety of tasks or focus on improving performance in a specific area. In any case, you want your child to be cared for in a safe environment. Other factors, such as scheduling options and your budget, will influence your decision. Consider the points listed below when researching the various care options.

#### Family Child Care or Child Care Center

You may have the choice of continuing the relationship with your current care provider. In this situation, there will be less adjustment for your child and transportation may be less difficult for you. Ask if there will be new children and other children of similar ages. The program will likely be less structured than care during the school year.

#### Summer Buddy

A Summer Buddy is a mature teenager or college student who comes to your home to provide supervision, companionship, and transportation to and from activities. Alternatively, you could set up a co-op care arrangement with neighborhood families. This type of care is typically less costly than a formal program. Keep in mind that this type of care is not regulated; consider a caregiver who is CPR/First Aid certified.

#### Traditional Summer Camp

A traditional summer camp is one that offers a variety of activities, e.g., outdoor recreation, arts/crafts, individual & team projects. Kids typically select their favorite activities and do a lot of it. This type of camp is great for children who love to do many different types of things.

#### Academic Camps

Some programs have an academic focus, such as science or language. The emphasis is on both knowledge and fun. Activities are self-paced, and may be project-oriented.

#### Specialty Camps

Many camps have focused instruction on one activity, e.g., dance or basketball. These camps are geared towards children intent on improving performance. This might be an option if your child is extremely motivated in one specific activity and can concentrate on one thing for long periods.

#### Special Needs Camps

A special needs camp promotes inclusively and a “can-do” attitude amongst campers. The staff are specifically trained staff & the camp is specially equipped. There will be a range of camp activities tailored to ability and opportunities to interact with other youths. The environment is supportive.

#### Sleep-Away Camps

Some kids may wish to attend a sleep-away-camp, where they stay for a week or month at a time, under the supervision of adults. The specific camp may offer traditional activities or specialized activities. Camps may provide leadership opportunities for older kids. You will need to consider additional travel expenses.

## Step 2: Understand the Care Options, continued

### SELF-CARE SITUATIONS

If you think your older child is capable of caring for himself or herself for some portion or all of the day during the summer, a self-care situation may be suited for your family's needs and fit within your budget.

There are minimum age requirements, beginning from 8 to 15 years, of legal self-care that vary from county to county. Many counties specify the amount of time that children of various ages can care for themselves as well as age requirements for staying home with other children. To find out the requirements in your county, refer to the county Department of Health and Human Services.

It is necessary to prepare your child for a self-care situation in advance, even up to 2 years. You must carefully consider your child's readiness and assess

your child's ability to consistently perform important tasks.

Self-care situations may be appropriate for older children who:

- are able to assume responsibility for themselves,
- have cared for themselves on other occasions,
- know first aid and personal safety skills,
- demonstrate maturity and problem-solving skills, and
- use good judgment and talk to you about problems.

Your child must be able to:

- follow safety instructions and responsibilities according to your directions,
- lock and unlock doors and windows,

- answer telephone calls and write messages,
- prepare a snack and get a drink for themselves,
- handle minor problems that arise, but know when to ask for help from an adult.

If you have more than one child, consider how well they get along together. Develop the "home alone" rules with your child's input and post them in the house. Consider asking your child to sign a "home alone" contract to add impact. And, before allowing your child to stay home alone this summer, consider if your neighborhood is generally safe and ensure that you are reachable by phone and there are other adults nearby who could help.

# Step 3: Determine Your Child's Interests

## INVOLVING YOUR CHILD IN THE DECISION

**My favorite things to do:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**Some new things I would like to try:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

<i>MUSIC/DRAMA</i>	Yes	No	Maybe	<i>ACADEMIC</i>	Yes	No	Maybe
Band/Instrument				Astronomy			
Clown lessons				Animals			
Dance				Biology			
Improvisation				Chemistry			
Magic				Civics			
Puppetry				Computers			
Singing				Health			
Theater				Language			
Voice lessons				Poetry			

<i>ARTS/CRAFTS</i>	Yes	No	Maybe
Coloring			
Drawing			
Painting			
Pottery			
Sculpting			
Woodwork			
<i>SPORTS</i>	Yes	No	Maybe
Baseball			
Basketball			
Cheerleading			
Soccer			
Swimming			
Tennis			
<i>OUTDOOR</i>	Yes	No	Maybe
Archeological			
Birds			
Farm Life			
Fishing			
Geology			
Horseback Riding			
Plant Life			



## Step 4: Assess What You Want from a Program

### THERE ARE MANY PERSONAL FACTORS TO CONSIDER

Finding a summer program that will meet the interests of your child and be a safe place will take a bit of time. You will probably need to select a combination of arrangements. Obtain information on at least three to five different programs before making a decision. Visit the program, talk to the camp director and check references. Ask for recommendations from other parents, teachers and co-workers. Allow plenty of time to make your selection. Consider the following questions:

#### PROGRAM/ACTIVITIES

- ☐ Is the camp accredited by ACA?
- ☐ Do the hours fit your schedule?
- ☐ Is extended care available? How is it staffed?
- ☐ May parents visit?
- ☐ What is a typical day like?
- ☐ What types of activities are planned for the campers?

- ☐ Are there different choices each day?
- ☐ How competitive are the activities?
- ☐ Are campers separated by age?
- ☐ Is there swimming? If yes, are lessons provided?
- ☐ If food is served, what are typical meals like? Should I send snacks for my child? Is there refrigeration?
- ☐ Will the camp cater to a child's specific needs (i.e., food allergies)?
- ☐ What is the camp's policy when a child gets sick or has an accident?
- ☐ How are requests to call home handled?

#### FACILITY/FEES

- ☐ Does the camp meet the health and safety standards set by the state?
- ☐ Is the facility well maintained and clean?
- ☐ Are there enough materials and equipment provided for the activities?
- ☐ Is the outdoor area large enough for sports and activities?

- ☐ Is the indoor space large enough to accommodate children during inclement weather?
- ☐ Does the camp provide transportation? Pick-up and drop-off times?
- ☐ Do the rooms or cabins have air conditioning or should my child bring a fan?
- ☐ Additional fees (e.g., swimming, t-shirts, field trips, food service)?

#### STAFF

- ☐ What are the staff members' qualifications and how are selections made?
- ☐ Has the staff received special training?
- ☐ Does the director have a background in camping?
- ☐ What is the Director's philosophy on running the camp?
- ☐ What is the staff to camper ratio?
- ☐ Does the staff have CPR and First Aid certification?

## Step 4: Assess What You Want from a Program, continued

### WHAT DOES ACA ACCREDITATION MEAN?

If you are choosing a Day Camp, another factor to consider is whether or not the program is accredited. The following information is provided by the American Camping Association (ACA).

Accreditation demonstrates a camp's commitment to a safe and nurturing environment. Accreditation means that camp practices have been measured by going a step beyond the state's basic licensing requirements.

Accreditation is voluntary. It is an educational process—providing training, guidelines, programs, and publications for camp directors and staff. ACA standards are recognized by courts of law and government regulators as the standards of the camp industry. ACA collaborates with experts from the American Academy of Pediatrics, the American Red Cross, and other youth-serving agencies.

No environment is risk free. However, ACA camps go through a rigorous risk management process to prevent illness or injury to campers—and to have solid crisis plans if an emergency does occur.

At least once every three years, an outside team of trained professionals observe the camp in session to verify compliance with ACA standards. Standards cover all aspects of operation:

- **Site/Food Service:** Fire protection, maintenance, sleeping areas, bathing/toilet facilities, food service areas and practices
- **Transportation:** Driver and vehicle requirements, traffic control, transportation safety
- **Health Care:** Staff and facility requirements, medication management, required health information and record keeping

- **Management:** Safety and security regulations, staff emergency training, crisis communications, insurance, planning
- **Staffing:** Staff qualifications, training, ratios, supervision and behavior management guidelines
- **Program:** Goals for camper development, orientation and safety policies for general and specialized programs, including aquatics, challenge courses, trips, and horseback riding

Visit [www.acacamps.org](http://www.acacamps.org).

New Accreditation Standards have been released for 2007.



## Step 4: Assess What You Want from a Program, continued

### SELECT A PROGRAM THAT FITS YOUR FAMILY BUDGET

Every family's budget is different. Since there are many options for high quality programs, you will likely find more than one that fits within your budget.

In estimating the cost for camp, consider:

- General registration fees
- Fees for special program activities
- Travel expenses
- Costs for special clothing or gear
- Cost of meals

Here are a few tips to keep costs down:

#### *Municipal Groups*

Check with your town/city, most offer some form of structured summer activities for children. These programs are typically the least expensive summer care option. Some of these programs are available to residents for free or at a discounted rate. Contact your local rec-

reation and parks department, or community center to find out about summer programs in your area.

#### *Non-profit Programs*

YMCA's, Boys and Girls Clubs, and 4-H Centers tend to make their camps affordable and may offer financial assistance.

#### *Camp Financial Assistance*

Many summer programs offer financial aid. The best way to find out about discounts, scholarships or other ways to reduce costs is to ask each camp, organization, or program in which you are interested. Ask about scholarships or "camperships", community resources, shared care, sibling discounts, early enrollment discounts, sliding fee schedule. Don't forget to ask programs what the deadline and special requirements are for applying for financial assistance.

All of these discounts will save you money. Over the next couple of months, also encourage your child to make an investment in their camp experiencing by earning some extra money for special items. They could shovel snow, do additional chores, or get a part-time job. They can save their money for upcoming camp expenses, such as equipment for a sports camp or snacks at the camp vending machine.

## Step 5: Interview the Camp Directors

### TAKE TIME TO SELECT A HEALTHY AND SAFE ENVIRONMENT

When you receive a camp's brochure, you will invariably have questions for the Camp Director. From that first phone call or letter, you begin developing an impression of what a particular camp is like and how it's run. To further assess the quality of the camp, get to know the Camp Director through telephone conversations, correspondence, and a personal visit.

Remember that no institution of society has an impenetrable safety net from ills. However, there are steps you can take to ensure that all reasonable precautions have been taken to provide an environment that makes safety for children the top priority. For complete 2007 standards for camps accredited by the American Camping Association, visit [www.acacamps.org](http://www.acacamps.org).

#### You Might Ask...

#### Consider the Response...

***What is the camp's primary emphasis and goals?***

Does the program complement your own parenting style? For example, would you prefer that your child attend a camp that emphasizes competition or cooperation? Is the program suited for your child's personality and style of learning?

***What is the camp director's background?***

*As minimum standards, ACA recommends that the Director:*

- Has a bachelor's degree,
- Has completed in-service training within the past 3 years,
- Had at least 16 weeks of camp administrative experience before becoming the Director

***How do you screen staff?***

The American Bar Association recommends that organizations rely on more than one means to identify child predators (e.g., background checks, face-to-face interviews, character references with non-relatives, work history). Look for an immediate sensitivity from the Director for your concern for a safe atmosphere child. Directors should explain if they use criminal background checks and why or why not. (Some states do not give access to their background checks for camp directors.) Ask about screening procedures used for return staff.

## Step 5: Interview the Camp Directors, continued

### You Might Ask...

### Consider the Response...

***What training do counselors receive?***

*At a minimum, camp staff should be trained in: safety regulations, emergency procedures and communication, behavior management techniques, child abuse prevention, appropriate staff and camper behavior, and specific procedures for supervision.*

***What is the counselor-to-camper ratio?***

There are different ratios for varying ages and special needs. Each state has regulations for staff:camper ratios that vary by type of activity and situation. For the State of Maryland, for example, see regulations on: <http://www.dsd.state.md.us/comar/10/10.16.06.54.htm>.

The following ratios are for ACA accredited camps (the camp may specify exceptions):

Camper Age	Staff	Day Camp	Resident Camp
4–5 years	1	6	5
6–8 years	1	8	6
9–14 years	1	10	8
15–18 years	1	12	10

***What are the ages of the counselors?***

- 80% of the staff should be at least 18 years old
- Staff must be at least 16 years old and be at least two years older than the campers
- Are younger counselors-in-training (CIT's) ever left in charge of campers by themselves?

## Step 5: Interview the Camp Directors, continued

You Might Ask...	Consider the Response...
<b><i>What are desired qualities in camp staff?</i></b>	The Camp Director might say that the qualities of the camp staff include: trustworthiness and dependability, ability to adapt to a variety of situations, empathy for and ability to work with camp clientele, and a strong self-image and an outgoing personality. Consider the qualities that are important to you, and ask the Director if the counselors have such qualities.
<b><i>What percentage of the counselors returned from last year?</i></b>	Most camps have from 40-60 percent returning staff. If the rate is lower, find out why.
<b><i>How are behavioral and disciplinary problems handled?</i></b>	Positive reinforcement, assertive role-modeling and a sense of fair play are generally regarded as key components. Rules are necessary in any organization. The disciplinary approach taken should be reasonable and well communicated. If penalties are involved for violations, they should be applied quickly, fairly, calmly, and without undue criticism to campers.
<b><i>How does the camp handle special needs?</i></b>	Ask the camp director about needed provisions and facilities. Every question is important. Is there a nurse on staff? Is there a designated place to store insulin or allergy medicine? Are special foods available for campers with restricted diets?
<b><i>How does the camp handle homesickness and other adjustment issues?</i></b>	The camp's view on helping children adjust is important. Be sure you are comfortable with the camp's guidelines on parent/child contact.

## Step 5: Interview the Camp Directors, continued

<b>You Might Ask...</b>	<b>Consider the Response...</b>
<b><i>What about references?</i></b>	This is generally one of the best ways to check a camp's reputation and service record. Directors should be happy to provide references.
<b><i>Does the American Camping Association accredit the camp? Why? Why not?</i></b>	Accreditation visitors ask questions regarding essential health, safety, and program quality issues important to a camp's overall operation. This does not guarantee a risk-free environment, but it provides evidence of a camp's commitment to a safe and nurturing environment for their children.
<b><i>Will they have a doctor?</i></b>	Typically, accredited camps will have a camp nurse on site, while a doctor is a phone call away.
<b><i>How are medications dispensed?</i></b>	All medications should be collected at registration and secured in the Health Care Center. Often, camp nurses will dispense medications at mealtimes, or as determined by an individual's needs.
<b><i>What happens if there's a natural disaster or emergency?</i></b>	Camps should have established written procedures to respond to such emergencies. Staff is required to be trained and rehearsed on these procedures.
<b><i>How can the camp control strangers who may enter?</i></b>	Camps should have written procedures concerning unauthorized persons on the site. These include a periodic review of security concerns as well as training for campers and staff if a situation was to present itself.
<b><i>What training does your staff receive in the prevention of child abuse?</i></b>	Directors should be able to quickly explain their policies (e.g., staff being alone with a single child, training staff in the definition and criminal penalties for abuse, policies concerning termination related to allegations or proof of abuse.) Directors should be able to quickly and confidently tell you what the state law is concerning the reporting of abuse - who is a mandated reporter and to whom would they report. What training does staff receive in recognizing and reporting of abuse or other situations that give rise to concern? You may want to ask particularly about the supervision of "free time," overnight activities, or of cabin/group dressing and changing times. Are multiple staff present? Are children told to whom they can report behavior that makes them uncomfortable?

## Step 5: Interview the Camp Directors, continued

You Might Ask...	Consider the Response...
<b><i>What methods do you use to make your staff sensitive to the needs and concerns of children?</i></b>	A director should verbalize specific training for staff in understanding children's needs, training to immediately stop abusive, hazing, or damaging behaviors. Seek directors who provide training and supervision for staff to use language and activities that do not belittle children, and is culturally sensitive, that develop an atmosphere of caring. Directors should be quick to identify training methods and guidelines for helping staff work effectively and appropriately with children.
<b><i>What are your policies on parent-camper communication while in camp?</i></b>	<p>Many camps understand the important developmental task of learning to live apart from one's parents for a short time when under good supervision. They may encourage that there not be direct contact. There isn't a single right answer. It is important that you feel comfortable with the director's responses and assurances that you will be contacted if the situation appropriately requires it.</p> <ul style="list-style-type: none"> <li>• Under what circumstances will the Camp Director call you?</li> <li>• Will they call if your child needs to stay in the camp health lodge overnight or see a doctor?</li> <li>• Will they call if your child seems unhappy?</li> <li>• Will they call if your child is running a fever?</li> <li>• Can you send and receive e-mails from your child?</li> <li>• Can you call and talk to the child during his/her time at camp?</li> </ul>
<b><i>Ask for references from the camp and call those parents!</i></b>	Ask other parents about the experiences of their children at the camp. Find out if the children seemed comfortable in talking about their experiences with staff and campers. Ask if they are going back the next summer. Ask if the parent was pleased with the communication they received from the camp. Ask what communication was received. Ask these parents for the names of other parents and children who may have attended the camp.



## Step 6: Compare At Least 3–5 Camps

### CONSIDER MULTIPLE CARE OPTIONS BEFORE SELECTING

<b>Compare</b>	<b>CAMP #1</b>	<b>CAMP #2</b>	<b>CAMP #3</b>
Session Date			
Hours			
Cost			
Additional Costs			
Accreditation			
Camp Staff			
Staff/Child Ratio			
Activities			
Field Trips			
Visitation Policy			
Emergency Policy			
Safety Precautions			
Water Safety			
Nurse or Doctor			
Meals/Snacks			
Facilities			
Bad Weather			
Special Needs			
Transportation			
Other Notes			

CAMP 1

Name:

Address:

Phone:

CAMP 2

Name:

Address:

Phone:

CAMP 3

Name:

Address:

Phone:

## Step 7: Prepare Your Child for Camp

### A NEW PROGRAM INVOLVES AN ADJUSTMENT

Summer is a fun and exciting time for children of all ages. It is an opportunity for children to strengthen their athletic and intellectual skills, to meet new people, and to promote and foster their independent spirit. Your help with summer camp preparation will positively impact your child's experience.

The following are preparation guidelines:

- ☐ **Activities:** Know the activities that your child will be participating in during the camp. Pack necessary items such as a swimsuit, beach towel, sunscreen, an extra set of gym shoes, reading glasses, spending money, etc. Explain the activities to your child and explain the items you packed for him/her to enjoy.
- ☐ **Clothing:** Whether your child is attending an overnight camp or a day camp, be sure to clearly mark all clothing and personal items with the child's name. Do not allow your child to pack or take valuable personal items that would be unnecessary in the camp environment. Always check the weather forecast to have your child appropriately and comfortably prepared.
- ☐ **Medications:** As the parent or guardian, please work with the camp nurse or health office to ensure that all medications are administered properly. It is also important for you to know the camp rules regarding medications, and to follow them appropriately.
- ☐ **Food and Drink:** Always check with the camp about how meals are handled. Does the child bring his/her own lunch or does the camp provide the meals? What about morning or afternoon snacks and drinks? If your child is a picky eater or on a special diet, should you make other arrangements with the camp? Can your child bring a water bottle every day?
- ☐ **Other:** make notes of other issues to consider:
 

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## Step 8: Cope with Camp Experiences

### FIRST-TIME CAMP EXPERIENCES

For thousands, the camp experience has been a long-standing family tradition. For others, the camp experience seems almost counterintuitive. Recognizing that you and your child are growing and learning on a journey together is key to adequately preparing yourself and your child for any type of separation, including going to camp for the first time.

In coping with first-time camp experiences, the American Camping Association recommends that parents consider the following points:

- Separation is a part of growing up. Find opportunities to give your child independence in safe, structured surroundings with caring adults such as the camp environment.
- Understand that separation is natural and necessary; remember your baby's first crawl, the first time your child stepped onto a school bus. These memories are all important developmental phases you and your child successfully encountered. Each successful separation gives your child confidence for the next challenge. Recognize and expect success.
- Ask the right questions about the camp you are choosing for your child and be sure to match your child's interest and age to the appropriate camp atmosphere. Gathering information will make you feel better about your decisions.
- Recognize separating from your child may be just as difficult for you as for your child.
- Opportunities for children to experience a healthy and successful separation help your child discover who they are and to recognize their strengths.

It is common for parents to worry about sending their child to camp for the first-time. Talk to friends or co-workers who may also be experiencing the same feelings.

## Step 8: Cope with Camp Experiences, continued

### TIPS FOR DEALING WITH CAMPER HOMESICKNESS

One of the most important things for parents and doctors to recognize, and to say to kids before any separation, is that it's normal, not strange, to feel homesick. In fact, research has shown that 90 percent of children attending summer camp feel some levels of homesickness and that 20 percent face a serious level of distress that — if untreated — worsens over time and interferes with their ability to benefit from a camp experience.

The following are some tips for preparing your child to reduce the intensity of homesickness:

- Involve children in the decision to spend time away from home, so that children have a sense of control.
- Tell children that homesickness is normal, but that they can use strategies like writing letters home, sharing their feelings, and thinking about all the good things that camp is giving them, to help ease their worry.
- Arrange for a practice time away from home, such as a two- or three-day stay with relatives.
- Practice writing letters, and supply pre-stamped, pre-addressed envelopes and paper before the child leaves home.
- Involved your child in learning about the camp ahead of time, so they know what to anticipate.
- If possible, try to introduce them to other campers, counselors or teachers ahead of time. A familiar face can make all the difference in the adjustment to a new environment.
- Encourage kids to make friends with others and seek out trusted adults to connect to.
- Before the separation, don't make comments that express anxiety or ambivalence about the child going away. Even "I hope you'll be okay" or "what will I do without you" can leave a child worried that something bad might happen to them or their parents, and make them preoccupied with thoughts of home.
- Use a calendar to show exactly the amount of time a child will be away, if that's known. Predictability and perspective on the length of separation is important whenever possible.
- Don't make a "pick up plan" or a deal with a child to bring him or her home if they don't like the experience of being away. This undermines the child's sense that their parents have confidence in their ability to be on their own, and set an expectation that they won't like the new experience.
- Warn children against keeping feelings of homesickness to themselves, doing something "bad" in order to get sent home or trying to escape.
- If your child takes medicine for attention, behavior or psychological conditions, don't use camp as an excuse to take a "drug holiday." Make sure that they, and the camp's nurse or counselors, know their medication schedule and the importance of sticking to it.
- If your child has special medical needs, such as diabetes or asthma, make sure that the camp they'll be going to has staff who knows how to handle day-to-day care and emergencies.
- Above all, know whether your child is really ready for a separation. If you're not sure, ask their doctor — but not while the child can hear the conversation.

All in all, summer camp and other separations from home can be great "life training" experiences for children, building their independence and teaching self-reliance and social skills that they'll use throughout life. Two other resources that you may find helpful are:

- Homesickness prevention information and *The Summer Camp Handbook*, by Christopher Thurber, [www.campspirit.com](http://www.campspirit.com).
- American Camp Association DVD/CD: *The Secret Ingredients of Summer Camp Success*, [www.ACAbookstore.org](http://www.ACAbookstore.org).

## Step 9: Visit Fun Places this Summer with Your Family

### PUT FAMILY TIME ON YOUR CALENDAR

FUN PLACES	Yes	No	Maybe
<b>Adventure Theater</b> www.adventuretheatre.org			
<b>Black Rock Center for the Arts</b> www.blackrockcenter.org			
<b>The Puppet Company</b> www.thepuppetco.org			
<b>Discovery Creek Children's Museum</b> www.discoverycreek.org			
<b>Carousel Ride at Glen Echo Park</b> www.glenechopark.org			
<b>Concerts at Strathmore Hall</b> www.strathmore.org			
<b>Amusement &amp; Water Park</b> www.sixflags.com			
<b>Catoctin Wildlife Preserve</b> www.cwpzoo.com			
<b>Visit the US Capitol Building</b> www.aoc.gov			
<b>Explore at the Smithsonian</b> www.si.edu			
<b>Bike Ride along the C&amp;O Canal</b> www.fletcherscove.com			

Special projects I would like to do with my child:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Other Local Resources for Activities:

- Imagination Stage: [www.imaginationstage.com](http://www.imaginationstage.com)
- DC Baby: [www.dc-baby.com](http://www.dc-baby.com)
- DC Urban Moms and Dads: [www.dcurbanmom.com](http://www.dcurbanmom.com)
- KidSource: [www.kidsource.com](http://www.kidsource.com)
- Washington Parent: [www.washingtonparent.com](http://www.washingtonparent.com)
- Maryland Parks: [www.parkpass.org](http://www.parkpass.org)
- Virginia Parks: [www.dcr.virginia.gov/state\\_parks/index.shtml](http://www.dcr.virginia.gov/state_parks/index.shtml)

# Online Camp Resources

Child Care Resources	Recreation Departments	Summer Camp Information	Special Needs Resources
Dept. of Health & Human Services <a href="http://www.os.dhhs.gov/children">www.os.dhhs.gov/children</a>	Baltimore County <a href="http://www.co.ba.md.us/Agencies/recreation/index.html">www.co.ba.md.us/Agencies/recreation/index.html</a>	KidsCamps Resource <a href="http://www.kidscamps.com">www.kidscamps.com</a>	National Dissemination Center for Children with Disabilities <a href="http://www.nichcy.org/pubs/genresc/camps.htm">www.nichcy.org/pubs/genresc/camps.htm</a>
Child Care Bureau <a href="http://www.acf.hhs.gov/programs/ccb">www.acf.hhs.gov/programs/ccb</a>	Frederick County <a href="http://www.co.frederick.md.us/Parks">www.co.frederick.md.us/Parks</a>	Camp Page <a href="http://www.camppage.com">www.camppage.com</a>	My Summer Camps <a href="http://www.mysummercamps.com/camps/">www.mysummercamps.com/camps/</a>
National Resource Center for Health and Safety	District of Columbia <a href="http://www.dpr.dc.gov">www.dpr.dc.gov</a>	Camp Channel <a href="http://www.campchannel.com">www.campchannel.com</a>	ACA Special Needs Camp Resources <a href="http://www.campparents.org/spclneeds.php">www.campparents.org/spclneeds.php</a>
MedLine Plus <a href="http://www.nlm.nih.gov/medlineplus">www.nlm.nih.gov/medlineplus</a>	Fairfax County <a href="http://www.fairfaxcounty.gov/rec">www.fairfaxcounty.gov/rec</a>	My Summer Camp <a href="http://www.mysummercamps.com">www.mysummercamps.com</a>	Easter Seals Recreation <a href="http://www.easter-seals.org">www.easter-seals.org</a>
<b>Camp Associations</b>	Arlington County <a href="http://www.co.arlington.va.us/prcr">www.co.arlington.va.us/prcr</a>	Summer Solutions <a href="http://www.summersolutions.com">www.summersolutions.com</a>	Camp List for Children with Cancer <a href="http://www.candlelighters.org/supportcamps.stm">www.candlelighters.org/supportcamps.stm</a>
National Camping Association <a href="http://www.summercamp.org">www.summercamp.org</a>	Loudoun County <a href="http://www.loudoun.gov/prcs">www.loudoun.gov/prcs</a>	Camp Advice <a href="http://www.campadvice.com">www.campadvice.com</a>	ADHD Resources Enjoying Summertime <a href="http://www.adhd.com/family/resources/parenting/summertime.jsp?reqNavId=3.2.7">www.adhd.com/family/resources/parenting/summertime.jsp?reqNavId=3.2.7</a>
American Camp Association <a href="http://www.CampParents.org">www.CampParents.org</a>	Prince Georges County <a href="http://www.pg parks.com">www.pg parks.com</a>	Tips On Trips/Camps <a href="http://www.TipsonTripsandCamps.com">www.TipsonTripsandCamps.com</a>	
<b>Recreation Departments</b>	Charles County <a href="http://www.charlescounty.org/pf/pg/parks">www.charlescounty.org/pf/pg/parks</a>	The Boys and Girls Clubs of America <a href="http://www.bgca.org">www.bgca.org</a>	List of Organizations Devoted to Special Needs Interests <a href="http://www.campparents.org/spndslinks.pdf">www.campparents.org/spndslinks.pdf</a>
Montgomery County <a href="http://www.co.mo.md.us/rec">www.co.mo.md.us/rec</a>	Howard County <a href="http://www.co.ho.md.us/RAP/RAP_HomePage.htm">www.co.ho.md.us/RAP/RAP_HomePage.htm</a>	Metropolitan Washington YMCA <a href="http://www.ymcadc.org">www.ymcadc.org</a>	



# 2007 Summer Care Calendar

<b>JUNE 2007</b>						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

# 2007 Summer Care Calendar

JULY 2007						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

# 2007 Summer Care Calendar

<b>AUGUST 2007</b>						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## **2007 Summer Care Directory**

The following Directory offers a sample of Camp Programs and Services in the local area. Other Directories may be available through County Recreation Departments, newspapers, community camp fairs, and online. For the care of younger children, you may also want to check with local child care providers, including Centers that may have Summer Programs.

Regarding the cost of camp, an estimate of the price per child per week is provided, where known. Some camps have not yet released their pricing information. Also, because many camps offer a range of services for different fees, it is important to follow up directly with any camp of interest. Keep in mind that scholarships, sibling discounts, and financial aid may be available that will impact the cost.

**Inclusion in this Directory does not constitute an endorsement of any specific camp. Parents are encouraged to interview Camp Directors.**

DAY CAMPS	TYPE							ACTIVITIES													COST		
	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grades	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than 500
ANNE ARUNDEL COUNTY, MD																							
Annapolis Recreation & Parks Department (410) 263-7958 www.ci.annapolis.md.us/info.asp?page=1367 Held at various sites throughout the city Camp offers several programs based on age, offering one, two, three or four-week sessions		✓		✓	✓	✓	4-14 yrs	✓	✓		✓		✓					✓	✓	Fishing Skateboarding	✓		
Anne Arundel Family YMCA 8055 Ritchie Highway, Suite 205 Pasadena, MD 21122 (410)760-4363 www.ymcamd.org/info_pages/summercamp2007.html Held at various sites throughout the city Camp offers several programs based on age, offering one-week sessions		✓		✓	✓	✓	3-16 yrs	✓	✓		✓	✓	✓		✓			✓	✓	Day camp and Residential camp  Golf Science	✓	✓	
Barlow's Gymnastics 2001 F Commerce Park Drive, Annapolis, MD 21401 (410) 266-5409 Offering full and half-day programs		✓		✓	✓	✓	5-10 yrs							✓						Cheerleading		✓	
Bayside Summer Adventure Crownsville, MD 21032 (410) 266-6132; www.creativecri.org Camp offers several programs based on age and interest; Contact camp for session and program details		✓	✓			✓	5-15yrs	✓	✓				✓					✓	✓	Science	✓	✓	
Beaver Creek Summer Camp 2165 Davidsonville RD, Crofton, MD (410) 721-4145 Contact camp for session and program details		✓				✓	2-10yrs		✓			✓	✓		✓			✓	✓	Science			
Camp Sport Fit 100 White Marsh Park Drive, Bowie, MD (301) 262-4553; www.sportfitclubs.com/bowie Camp offers eight one-week sessions Contact camp for details		✓				✓	5-12 yrs		✓				✓	✓				✓	✓			✓	
Camp Wabanna 101 Likes Road Edgewater, MD 21037 (410) 798-0455; www.campwabanna.org Contact camp for session and program details		✓				✓	4-15 yrs	✓	✓		✓		✓			✓		✓	✓	Day Camp and Residential Camp		✓	✓

DAY CAMPS	TYPE						ACTIVITIES														COST		
	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grades	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than 500
<b>ANNE ARUNDEL COUNTY, MD</b>																							
<b>Chesapeake Academy</b> 1185 Baltimore Annapolis Boulevard, Arnold, MD 21012 (410) 647-9612; www.chesapeakeacademy.com Camp offers three two-week sessions		✓				✓	4-10 yrs		✓	✓	✓	✓	✓					✓	✓	Tutoring		✓	
<b>Holy Trinity Summer Camp</b> 122 Bayard Road, Bowie, MD (301) 262-5355; www.htrinity.org Camp offers seven one-week sessions Contact camp for details and rates		✓				✓	Kinder- garten— 9th grade		✓		✓		✓		✓			✓	✓	Science			
<b>The Key School</b> 534 Hillsmere Drive Annapolis, MD 21403 (410) 263-9231; www.keyschool.org Camp offers six one-week sessions		✓				✓	3 1/2- 12 yrs	✓	✓		✓		✓					✓	✓	Cheerleading		✓	
<b>La Petite Academy</b> 2295 John Hopkins Road, Gambrills, MD 21054 (410) 721-3354 www.lapetite.com/public/200/summer-camps.jsp Contact camp for session details		✓				✓	5-12 yrs	✓	✓		✓		✓					✓	✓	Nature Science		✓	
<b>Prime Time</b> 1041 Route 3 North, Gambrills, MD 21054 (410) 721-2914 www.dailydiscoveries.com/pageprimetime.html Contact camp for session details		✓				✓	6-12yrs		✓		✓		✓		✓			✓	✓	Jewelry, rug and candle making Photography Science Scrap booking		✓	
<b>St. Anne's Day School</b> 3112 Arundel on the Bay Road, Annapolis, MD 21403 (410) 263-8650, ext. 120; www.saintannes.org Camp offers one-week sessions		✓				✓	3-12 yrs	✓	✓		✓		✓					✓	✓	CIT Program Knitting Scrap booking Sewing	✓	✓	
<b>Universal Gymnastics, Inc.</b> 2030A Industrial Drive, Annapolis, MD 21401 (410) 224-2533 Camp offers two one-week sessions				✓		✓	5-10 yrs							✓						Cheerleading		✓	
<b>YMCA Camp Letts</b> 4003 Camp Letts Road, Edgewater, MD 21037 (410) 919-1415; www.campletts.org Camp offers nine one-week sessions		✓				✓	5-10 yrs	✓	✓		✓		✓				✓	✓	✓	Day Camp and Residential Camp		✓	✓



Day Camps	Type							Activities													Cost		
Baltimore, MD	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grade	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
<b>Ballet Academy of Baltimore</b> 10534 York Rd., Ste.201, Cockeysville, MD 21030 (410) 667-7974 www.baltimoreballet.com/summer_study.htm Program offers one, four and eight-week sessions						✓	3yrs— adult				✓									Housing for out-of- town students		✓	
<b>Baltimore County Sailing Center</b> Rocky Point Park , Essex, MD 21221 (410) 391-0196 www.bcsailing.org/programs/Youth/Camp/camps.html Camp offers four one-week and four two-week sessions Contact camp for session details		✓	✓			✓	8-16 yrs													Sailing Windsurf- ing			✓
<b>Baltimore Fitness &amp; Tennis</b> 1726 Reisterstown Rd., Baltimore, MD 21208 (410) 653-0166; www.fitnessandtennis.com Camp offers twelve one-week sessions beginning 6/4		✓	✓			✓	4-17 yrs											✓	✓	Discounts for early sign-up Tennis		✓	
<b>Beth Tfiloh Camps</b> 400 Delight Meadows Rd, Reisterstown, MD 21136 (410) 517-3451; www.btfiloh.org/btcamps Camp offers four to eight-week session options		✓	✓			✓	4 yrs - 10th grade	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓				✓
<b>Camp Bravo @ Towson University</b> 8000 York Rd., Towson, MD 21204 (410) 358-3221; www.campbravo.com/nav.html Program offers two four- week sessions and one eight-week session beginning 6/18		✓				✓	4 1/2yrs –6th grade		✓		✓	✓						✓	✓			✓	
<b>Community Art Center of Towson</b> 8000 York Rd., Towson, MD 21204 (410) 704-2351 www.new.towson.edu/cac/summerartcamp.html Camp offers one one-week and three two–week sessions Sessions begin 6/18, 7/2, 7/16 & 7/30		✓				✓	6-14 yrs		✓										✓	Field trips to Art Museums		✓	
<b>Gerstung Inter-Sport</b> 1400 Coppermine Terrace, Baltimore, MD 21209 (410) 337-7781; www.gerstung.com/interframeset.html Offers two, four, six and eight-week sessions plus pre- and post-camp sessions		✓				✓	3.5 -15 yrs	✓	✓		✓		✓	✓	✓			✓	✓	Award- winning program  Sibling discounts		✓	✓

DAY CAMPS	TYPE							ACTIVITIES															
BALTIMORE, MD	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grade	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
<b>Getaway Junior Sailing Camp</b> 2700 Lighthouse Point, Ste. 905, Baltimore, MD 21224 (410) 342-3110 or (888) 342-3709 www.getawaysailing.com Program offers six one-week sessions beginning 7/9		✓				✓	7-16 yrs													Family discounts  Sailing		✓	
<b>Gilman School Summer Camps</b> 5407 Roland Ave., Baltimore, MD 21210 (410) 532-2300 www.gilman.edu/program/student_summerprograms.asp Camp offers several programs; contact camp for details		✓	✓			✓	3rd—12th grade	✓	✓	✓	✓	✓	✓		✓			✓	✓	Science	✓	✓	
<b>Harford Heights Summer Camp</b> 822 W. Lake Ave., Baltimore, MD 21210 (410) 323-4140; www.harfordheightscamp.com Camp offers four to eight-week sessions; begins 6/18		✓				✓	5-14 yrs		✓	✓	✓	✓	✓		✓			✓	✓	Field Trips Science Theme parties		✓	
<b>Irvine Natural Science Center</b> Locations throughout MD and PA (410) 484-2413 ext 24; http://explorenature.org Contact camp for session details and rates						✓	4yrs-6th grade	✓				✓								Nature Science			
<b>McDonogh Summer Programs</b> 8600 McDonogh Rd., Owings Mills, MD 21117 (410) 998-3519; www.mcdonogh.org Camp offers one, two, three & four-week sessions Lunch included for full-time campers		✓	✓			✓	4-16yrs	✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	Film-making Music-technology Overnight sports camps	✓	✓	✓
<b>MICA's Young People's Studios Summer Art Camp</b> 1300 Mt. Royal Ave., Baltimore, MD 21217 (410) 225-2219 www.mica.edu/PROGRAMS/cs/summer_art_camp Camp offers three two-week sessions beginning 6/25, 7/9 and 7/23. Pre-camp session begins 6/18		✓				✓	1st - 8th grade		✓													✓	
<b>Milldale Camp</b> 5425 Mt Gilead Rd., Reisterstown, MD 21136 (410) 429-4900; www.campmilldale.org Contact camp for session details		✓	✓			✓	Ages 5-15	✓	✓		✓		✓		✓	✓		✓	✓	Field Trips and Leadership Development		✓	
<b>Summer at Friends School</b> 5114 North Charles St., Baltimore, MD 21210 (410) 649-3209; www.fscamp.org Camp offers several programs; contact camp for details		✓				✓	4-15 yrs		✓	✓	✓	✓	✓		✓			✓	✓	Science		✓	

DAY CAMPS	TYPE						ACTIVITIES													
	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grade	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other
<b>BALTIMORE, MD</b>																				
<b>UMBC Summer Day Camp</b> 1000 Hilltop Circle, Baltimore, MD 21250 (410) 455-3122; <a href="http://www.umbc.edu/athletics/recreation/daycamp/">www.umbc.edu/athletics/recreation/daycamp/</a> One-week session begins 6/11; Two-week sessions begin 6/18, 7/2, 7/16 & 7/30		✓				✓	6-12 yrs	✓	✓		✓		✓	✓	✓			✓	✓	Self-defense Tennis
<b>YMCA Towson Family Summer Day Camp</b> 600 W. Chesapeake Ave, Towson, MD 21204 (410) 823-8870 <a href="http://www.ymcamd.org/Programs/Program_Details/Camp.html">www.ymcamd.org/Programs/Program_Details/Camp.html</a> Contact camp for session details and start dates		✓				✓	3-15 yrs		✓		✓		✓					✓	✓	Preschool camp  Specialty camps

DAY CAMPS	TYPE							ACTIVITIES													COST		
CARROLL COUNTY	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grades	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than 500
Camp Farthest Out Inc. Sykesville, MD 21157 (410) 523-1700 / (410) 233-0117 Program offer two and eight-week sessions Both day and residential programs offered						✓	Ages 7-12	✓	✓		✓	✓	✓		✓	✓		✓		African-American cultural focus  Financial aid	✓		
Carroll Co. 4H Youth Development Westminster, MD 21157 (410) 386-2760; www.maryland4h.org/camp Offers one-week sessions beginning 6/18 and 7/2 Both day and residential programs offered						✓	Ages 8-14	✓	✓		✓	✓	✓					✓	✓	CIT Program Financial Aid Leadership Team Building	✓		
Carroll Co. YMCA Day Camp 1719 Sykesville Rd., Westminster, MD 21157 (410) 848-3660; www.ymcamd.org Program offers many camps based on age and interest; Sessions are per week from 6/18 to 8/24		✓				✓	Ages 3-16	✓	✓		✓	✓	✓	✓	✓			✓	✓	Camp opens early (6am)	✓	✓	

DAY CAMPS	TYPE						ACTIVITIES														COST		
	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grade	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
<b>FAIRFAX COUNTY, VA</b>																							
<b>Browne Academy Summer Camp</b> 5917 Telegraph Rd., Alexandria, VA 22303 (703) 960-3000 ext 402; www.browneacademy.org Camp offers several programs—half & full day Sessions are from 6/18/07—8/10/07 8am-4pm		✓				✓	Pre-school—8th grade	✓	✓		✓	✓	✓					✓	✓	Specialty Camps for 2nd graders thru sixth grade Soccer Clinics CIT Programs	✓	✓	✓
<b>Burgundy Farm Summer Day Camp</b> 3700 Burgundy Rd, Alexandria, VA 22303 (703) 960-3431; www.burgundyfarm.org Open House 2/3, 3/3, 4/7, 5/5 & 6/2 8 weeks sessions from 6/18-8/10/07 9am—3pm		✓	✓			✓	3 yrs—15yrs	✓	✓	✓	✓	✓	✓					✓	✓	CIT programs (8th-10th gr.) Science Discounts available		✓	
<b>Center for Ballet Arts</b> 11215H Lee Highway, Fairfax VA 22030 (703) 273-5344; www.thecenterforballetarts.com Contact center for session details and rates Summer information will be available mid April 2007						✓	Ages 3 and up		✓		✓												
<b>A Class Act—Acting for Young People</b> 4400 University Dr., Fairfax , VA 22030 (703) 250-6323; www.actinforyoungpeople.com One-week sessions June 25 through July 27 Information will be out soon.						✓	5yrs-13yrs +				✓									Multiple week discounts Sibling Discount		✓	
<b>Congressional Camps</b> 3229 Sleepy Hollow Rd, Falls Church, VA 22042 (703) 533-9711; www.congocamp.org Camp offers several programs for different age groups Sessions begin 6/18, 6/25, 7/19, 7/23, 8/6 & 8/20		✓	✓			✓	3yrs - 9th grade	✓	✓				✓				✓	✓	✓	Cooking CIT Programs Field Trips Science		✓	✓
<b>Curiosity Zone</b> 43135 Broadlands Center, Ste 123, Ashburn VA 20148 (703) 723-9949; www.curiosityzone.com Session times and dates vary depending on age and program (Survivor Island, Magic Camp or Spy Camp)		✓				✓	4yrs - 12 yrs						✓							Each program has specialized activities according to theme		✓	
<b>Dulles SportsPlex</b> 21610 Atlantic Blvd, Sterling VA (703) 430-9966; www.dullessportsplex.com Camp offers several programs depending on age Contact camp for program and session details		✓				✓	4-14yrs											✓		Frostburg Overnight Camp for ages 11-18		✓	
<b>Duperier Soccer Camp</b> 1400 Lake Fairfax Park Dr, Reston VA (703) 459-4816; www.duperiersoccer.com Camp offers one-week sessions beginning 6/25, 7/9, 7/16, 7/23, 7/30 & 8/6 Full day: 9am-5pm & Part Day: 9am-3pm		✓				✓	5-16yrs											✓	✓	Swimming		✓	

DAY CAMPS	TYPE							ACTIVITIES															
FAIRFAX COUNTY, VA	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages/Grades	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
<b>The Embassy School</b> 3013 West Ox Road, Herndon VA (703) 476-8667; www.theembassyschool.com 2007 Information not yet available		✓				✓	2.5-10yrs	✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	Field Trips			
<b>Fairfax County Park Authority</b> (703) 222-4664 www.fairfaxcounty.gov/parks/rec/rec_camps.htm Multiple locations, variety of camp themes 2007 Information not yet available		✓				✓	3-17yrs	✓	✓		✓	✓	✓	✓				✓	✓		✓	✓	✓
<b>Fairfax County Public School –Summer School Programs</b> (703) 227-8451; www.fcps.k12.va.us/news/sumsch.htm Camp offers several programs; contact program for details; Dates: Elem 7/9/07-8/3/07; Middle 7/9/07-8/8/07; High 9/9/07-8/9/07	✓		✓			✓	Elem—High School					✓											
<b>Flint Hill—Summer on the Hill</b> 3320 Jermantown Rd, Oakton VA (703) 584-2392; www.flinthill.org Camp offers several programs; Sessions begin 6/18 thru 7/27		✓				✓	5-18yrs	✓	✓		✓	✓	✓		✓			✓		Field Trips	✓	✓	✓
<b>Math Tree, Inc.</b> 1801 Sheridan Court, McLean VA 22101 (703) 448-8655; www.mathtree.com/camps Several locations in VA, DC & MD Offers two-week programs starting 6/25						✓	4th-9th grade			✓		✓										✓	
<b>McLean Community Center</b> 12341 Ingleside Ave, McLean VA 22101 (703) 790-0123; www.mcleancenter.org Offers several programs depending on age		✓				✓	3yrs—9th grade	✓	✓	✓	✓	✓	✓					✓	✓	Theater	✓	✓	
<b>Merritt Academy</b> 9211 Arlington Blvd, Fairfax, VA 22031 (703) 273-8000; www.merrittacademy.org 2007 Information not yet available			✓			✓	K-8th grade		✓	✓								✓	✓	Weekly field trips		✓	
<b>INOVA Keller Camp</b> 2334 Gallows Road, Dunn Loring, VA 22027 (703) 218-8503 2007 Information not yet available	✓					✓	2-21yrs	✓	✓	✓	✓	✓	✓	✓	✓			✓		Therapeutic Recreation			
<b>Traveling Players Ensemble</b> Meadowlark Gardens, Vienna VA (301) 573-2521; www.travelingplayers.org/camp.htm Offers four two-week sessions beginning 6/18; Traveling Troupe begins 6/25						✓	5th-12th grade				✓									Weekly campout night		✓	



DAY CAMPS	TYPE						ACTIVITIES														COST		
	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grades	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than 500
<b>FREDERICK COUNTY, MD</b>																							
<b>Ballenger Creek KinderCare</b> 313 Ballenger Center Dr, Frederick, MD 21704 (301) 631-1174; www.kindercare.com Program details available in March		✓				✓	6yrs– 12yrs	✓	✓			✓			✓					Learn and Play Each session has a theme			
<b>Banner School Summer Discovery</b> 1730 N. Market St., Frederick, MD 21701 (301) 695-9320; www.bannerschool.org/programs/summer/camp Camp offers four two-week theme sessions beginning 6/18		✓					3.5 yrs- 8th grade		✓									✓	✓	African Safari Science, Spanish Offers half and full days			
<b>Bar-T Mountainside</b> 2914 Roderick Rd., Urbana, MD (301) 948-3172; www.bar-t.com Program offers several two-week sessions beginning 6/18; contact camp for additional details		✓	✓			✓	K-8th grade	✓	✓		✓		✓		✓			✓	✓	Archery Fishing Family discounts		✓	✓
<b>Childrens World Etc of Frederick</b> 419 Burck St, Frederick, MD 21701 (301) 662-3004; www.childrensworld.com		✓				✓	4yrs– 12yrs		✓	✓		✓							✓		✓		
<b>Frederick Community College—Children's Center</b> 7932 Opossumtown Pike, Frederick, MD 21702 (301) 846-2612; www.frederick.edu Program offers several two-week sessions beginning 6/18; each session has a specific theme; contact camp for details		✓				✓	K–5th grade	✓	✓									✓		Cooking Field Trips Lunch and snacks provided Science	✓	✓	
<b>Frederick County Parks &amp; Recreation</b> 118 N. Market St., Frederick, MD 21701 (301) 696-2936, www.recreator.com A variety of camps are offered throughout the county beginning 6/18; contact county for session details		✓				✓	3-14yrs	✓	✓		✓	✓	✓	✓	✓			✓		Science & History Offers half and full days	✓	✓	
<b>Friends Meeting School Day Camp</b> 3232 Green Valley Rd., Ijamsville, MD 21754 (301)798-0288; www.friendsmeetingschool.org/camp Program offers four two-week sessions beginning 6/25		✓				✓	3-10yrs	✓	✓		✓	✓			✓				✓	Clowning, Harry Potter, Photography, Poetry, Science, Spanish		✓	
<b>Kiddie Academy Learning Center</b> 8038 River Run Rd., Frederick, MD 21701 (301) 682-5490 Contact center for details and rates		✓				✓	3-12yrs	✓	✓				✓		✓					Science			
<b>Kids on Campus—Frederick Community College</b> 7932 Opossumtown Pike, Frederick, MD 21702 (301) 846-2612; www.frederick.edu Camp offers many programs based on age and interest Contact camp for details						✓	3yrs- 18yrs					✓	✓							Weekend classes offered	✓	✓	

DAY CAMPS	TYPE							ACTIVITIES													COST		
FREDERICK COUNTY, MD	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grades	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than 500
<b>La Petite- Old Farm</b> 2150 Old Farm Drive, Frederick, MD 21702 (301)694-2322; www.lapetite.com Open from 6:30am—6:30pm Contact center for program details and rates						✓	5-12yrs	✓	✓				✓					✓	✓	Camp offer 3 to 4 field trips per week			
<b>The Sports Plex—All Sport Challenge Camp</b> 1845 Brookfield Court, Frederick, MD 21701 (301) 662-6866; www.sportsplexent.com Program offers several weekly sessionsbeginning 6/18 Contact camp for session details and rates						✓	7-14yrs											✓		Camp offers a variety of sports. including flag foot-ball, soccer and volleyball			
<b>Taney Avenue Kindercare</b> 1420 Taney Avenue, Frederick, MD 21701 (301) 694-7544; www.kindercare.com Sessions begin 6/18; each session has a theme Contact camp for details and rates		✓				✓	6yrs—12yrs	✓	✓			✓			✓					Learn and Play			
<b>Urbana Riding Club</b> 2700 Roderick Road, Frederick, MD 21704 (301)874-2000; www.urbanaridingclub.com Camp offers four two-week sessions beginning 6/18		✓				✓	5yrs—15yrs		✓		✓						✓	✓	✓	Family discounts available		✓	✓
<b>West Winds All Sports Camp</b> 11411 Gas House Pike New Market, MD 21774 (301)865-2701; www.westwindsallsportscamp.com Contact camp for session details and rates		✓				✓	8-16yrs											✓	✓	Emphasis on Tennis & Golf. Also offers Wiffle Ball, Basket-ball, Soccer, Flag Football & Volleyball			
<b>Willowdale KinderCare</b> 110 Willowdale Dr, Frederick, MD 21702 (301) 695-9022; www.kindercare.com Each session has a theme Contact camp for details and rates		✓				✓	6yrs—12yrs	✓	✓			✓			✓					Learn and Play			
<b>YMCA Frederick County</b> 1000 North Market Street Frederick, MD 21791 (301) 663-5131 ext 241; www.frederickymca.org Camp offers several programs and sessions beginning 6/18; contact camp for program and session details	✓	✓				✓	Pre-school—Teens	✓	✓	✓	✓		✓	✓	✓		✓	✓	✓	The YMCA offers over 35 different camps Science	✓	✓	

DAY CAMPS	TYPE						ACTIVITIES														COST		
	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grades	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than 500
<b>HAGERSTOWN, MD</b>																							
<b>Antietam Recreation</b> 9729 Garis Shop Rd, Hagerstown, MD 21704 (301) 797-7999; <a href="http://www.antietamrecreation.com/">http://www.antietamrecreation.com/</a> Starting June 11th for eleven weeks						✓	7-13yrs	✓	✓			✓	✓		✓			✓	✓		✓		
<b>Boys &amp; Girls Club—Day Camp</b> 805 Pennsylvania Ave, Hagerstown, MD 21704 (301) 733-5422; <a href="http://www.bgcwc.com/">http://www.bgcwc.com/</a> (3 other Hagerstown Locations) Program details available by April						✓	6-12yrs	✓	✓			✓	✓		✓			✓	✓	Lunch provided, Limited transportation services to Penn Ave location	✓		
<b>Girls Inc.</b> 626 Washignton Ave, Hagerstown, MD 21704 (301) 733-5430 <a href="http://www.girlsinc-md.org">www.girlsinc-md.org</a> Several one-week sessions beginning 6/11		✓		✓			6-18yrs	✓	✓		✓	✓	✓		✓			✓	✓		✓		
<b>The Salvation Army—Day Camp</b> 540 George Street, Hagerstown, MD 21704 (301) 733-2440; <a href="http://www.tsamwv.org/">http://www.tsamwv.org/</a> Program details available in March						✓	6-12yrs	✓	✓			✓	✓		✓			✓	✓	Lunch and snack provided	✓		
<b>The Salvation Army—Overnight Camp</b> Hedgesville, MD (301) 733-2440; <a href="http://www.tsamwv.org/">http://www.tsamwv.org/</a> Program details available in March						✓	7-12yrs	✓	✓		✓	✓	✓		✓			✓	✓			✓	
<b>Washington County Recreation</b> (240) 313-2805; <a href="http://www.washco-md.net">www.washco-md.net</a> Program details available in April		✓				✓	6-12yrs	✓	✓		✓	✓	✓	✓	✓			✓	✓		✓		
<b>YMCA</b> 1100 Eastern Blvd North, Hagerstown, MD 21742 (301) 739-3990; <a href="http://www.ymcahagerstown.org">www.ymcahagerstown.org</a> Program details available in March						✓	5-12yrs	✓	✓		✓	✓	✓	✓	✓		✓	✓	✓				✓

DAY CAMPS	TYPE						ACTIVITIES														COST		
	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages/Grade	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
<b>HOWARD COUNTY, MD</b>																							
<b>Bet Yeladim—Beth Shalom Synagogue</b> 8070 Harriett Tubman Ln., Columbia, MD 21044 (410) 997-7378; www.betyeladim.org Sessions are weekly beginning 7/2. One, four and seven-week sessions offered						✓	3-5yrs		✓		✓	✓	✓			✓		✓		Cooking Science Soccer		✓	
<b>BrightStars Learning Academy</b> 5455 Harpers Farm Rd., Columbia, MD 21044 (410) 730-5234; www.brightstarslearningacademy.com Programs offered depend on age		✓				✓	2-10yrs		✓	✓		✓	✓		✓				✓	Science		✓	
<b>Columbia Academy—5 Locations</b> (410) 312-7413; www.columbiaacademy.com Sessions are offered weekly throughout the summer Open 6:30am—6:30pm		✓				✓	K-8th grade	✓	✓	✓		✓	✓						✓	Music lessons Science		✓	
<b>Columbia Association Camps</b> Columbia Association Camp Office (410) 715-3165; www.columbiaaassociation.com/ living_playing/teens_tots/camps.htm Contact camp for session details and rates Over 30 Camps offered		✓				✓	Pre K— teens	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓	Cheerleading Ice Skating Nature Science	✓	✓	
<b>Glenwood Country Day School</b> 14785 Busy Park Road Woodbine, MD 21797 (410) 489-5203; www.glenwoodcountrydayschool.com Camp offers programs depending on age		✓					2-12yrs	✓	✓				✓						✓	Nature Science		✓	
<b>Howard County Center for the Arts</b> 8510 High Ridge Road, Columbia, MD 21043 (410) 313-2787; www.hocoarts.org Programs offered depend on age; half and full-day programs		✓				✓	4-14yrs		✓		✓		✓		✓						✓	✓	
<b>Howard County Department of Recreation &amp; Parks</b> 7120 Oakland Road Columbia, MD 21043 (410) 313-7275; www.co.ho.md.us/rap/rap_homepage.htm Sessions and programs based on age and interest	✓	✓				✓	3-17yrs	✓	✓	✓	✓	✓	✓	✓	✓			✓		Over 400 programs	✓	✓	
<b>Howard County YMCA</b> 4331 Montgomery Rd., Ellicott City, MD 21043 (410) 465-4334; www.ymcamd.org/Branches/Howard.html Program offers several programs based on age and interest		✓				✓	3yrs- teen	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓	Science Nature Hikes Cooking	✓	✓	
<b>Kindercare Learnig Centers</b> Several DC metro area locations www.Kindercare.com Contact specific center for program details and rates		✓				✓	De- pends on cen- ter		✓		✓		✓		✓			✓	✓	Science			



DAY CAMPS	TYPE							ACTIVITIES													COST		
	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grades	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than 500
LOUDOUN COUNTY, VA																							
Ashburn Ice House 21595 Smiths Switch Rd., Ashburn, VA 20147 (703)858-0300; www.ashburnice.com Contact camp for session details						✓	4 yrs and older											✓		Ice Skating, Ice Hockey		✓	
The Boyd School Summer Camp Locations in Chantilly and Ashburn, VA (703) 723-5760; (571) 321-0365 www.theboydschool.com Program offers four two-week sessions beginning 6/25						✓	3-15 yrs old		✓		✓	✓	✓					✓		Camp offers half & full days Leadership		✓	
Copper Ridge Farm Camp 932 Edwards Ferry Rd. #71, Leesburg, VA 20176 (703)850-4941; www.copperridgefarm.org Program offers two two-week sessions beginning 6/17				✓			9-13 yr old										✓		✓	Horseback riding			
Golden Pond School Summer Camp 43940 Farmwell Hunt Plaza, Ashburn, VA 20147 (703)723-7663; www.goldenpondschool.com Program details available in February		✓				✓	Pre-school to School Age					✓	✓				✓		✓	Cooking			
Loudoun Academy of the Arts 222 S. King St, Leesburg, VA (703) 777-8043; www.loudounacademy.org Program offers several programs depending on age Schedule will be available in March 2007						✓	5yrs and up				✓												
Montessori Academy at Belmont Greene 20300 Bowfonds St., Ashburn, VA 20147 (703)729-7200; www.montessori-belmontgreene.com Contact camp for details		✓				✓			✓						✓			✓				✓	
Play N' Around 751 Miller Dr., Ste. A-1; Leesburg, VA 20175 (703) 777-8944; www.playnaroundgym.com Sessions are Thurs & Fri only beginning 6/29 thru 8/19 Each session has a specific theme Contact camp for details						✓	3-8 yrs old											✓		Discounts Available	✓		
Sportrock Climbing Camp Alexandria & Sterling, VA locations (703) 212-7625 www.sportrock.com/climbing-camp.html Contact camp for session and location details						✓	9-14yrs	✓										✓		Offers a \$25 sibling discount and a \$25 membership discount		✓	
Virginia All Star Angels Summer Cheer and Dance Camps 741 Miller Dr., Ste. A-1, Leesburg, VA 20175 (703) 771-9719; www.allstarangels.com Programs vary based on age and interest Contact camp for details				✓			4 yrs old to Grade 12											✓		Cheerleading		✓	

DAY CAMPS	TYPE							ACTIVITIES													COST		
MONTGOMERY COUNTY, MD	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grades	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than 500
<b>The Barnesville School Summer Camp</b> 21830 Peach Tree Rd., Barnesville, MD 20838 (301) 972-0341 or (301) 253-4893; www.barnesville-school.com Camp offers several programs based on age and interest Contact camp for session details		✓	✓			✓	Pre K— 9th grade	✓	✓	✓	✓	✓	✓		✓			✓	✓	Offers free transportation from key locations		✓	
<b>Bar-T Summer Camps</b> 806 West Diamond Ave., #250, Gaithersburg, MD 20878 (301) 948-3172; www.bar-t.com Camp offers several programs based on age and interest Contact camp for session details		✓	✓			✓	Pre K— 9th grade	✓	✓		✓	✓	✓		✓			✓	✓	Transportation from specific spots in Montgomery County & Frederick County		✓	
<b>Barrie Day Camp</b> 13500 Layhill Rd., Silver Spring, MD 20906 (301) 576-2800; www.barrie.org Camp offers three regular camp divisions (Lower, Middle, Upper) Contact camp for division and session details		✓	✓			✓	4-13yrs	✓	✓	✓	✓		✓		✓		✓	✓	✓	CIT Program Karate Summer Stage		✓	✓
<b>Bethesda Country Day School</b> 5615 Beech Ave., Bethesda, MD 20814 (301) 530-6999; www.nobellearning.com Locations are in MD, VA & DC Contact camp for session details and rates						✓	2-7yrs		✓		✓	✓	✓		✓			✓	✓	Field Trips Science Nature			
<b>BlackRock Center for the Arts</b> 12901 Town Commons Dr., Germantown, MD 20874 (301)528-2260; www.blackrockcenter.org Center offers several weekly programs beginning 6/18 Each session has a theme						✓	3-15yrs		✓		✓				✓						✓	✓	
<b>Bullis School Summer Programs</b> 10601 Falls Rd., Potomac, MD 20854 (301) 983-5741; www.bullis.org/summerprograms Camp offers several programs Contact camp for session details and rates		✓				✓	5-11yrs		✓	✓	✓	✓	✓					✓		Sports specialty camps		✓	
<b>Camp JCC</b> 6125 Montrose Rd., Rockville, MD 20852 (301) 348-3883; www.jccgw.org Camp offers two sessions 6/25-7/20 & 7/23-8/10 Camp offers several programs based on age and interest	✓	✓	✓			✓	4-15yrs		✓				✓			✓	✓	✓		Serves children with profound disabilities of all ages			✓
<b>Camp Olympia</b> 5511 Muncaster Mill Rd., Rockville, MD 20855 (301) 926-9281; www.camp-olympia.com Camp offers several programs based on age and interest Contact camp for session details		✓	✓			✓	3-15yrs							✓			✓	✓	✓	Sibling Discount			✓

Day Camps	Type							Activities													Cost		
MONTGOMERY COUNTY, MD	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grades	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
<b>Camp Sunshine</b> Locations in Germantown and Silver Spring (301) 989-2267; www.campsonshine.org Four two-week sessions beginning 6/18		✓	✓			✓	4-17yrs	✓					✓									✓	
<b>Camp Westmoreland &amp; Camp Westmoreland, Jr.</b> 5112 Allan Terr., Bethesda, MD 20816 (301) 229-7161; www.westmorelandchildrenscenter.com 3 locations in the Bethesda area Contact camp for session details		✓				✓	Pre-school— 5th grade		✓	✓		✓	✓		✓			✓	✓	Cooking		✓	✓
<b>Childway</b> 4058 Blackburn Lane, Burtonsville, MD 20866 (301) 384-5753; www.childway.net Sessions begin 6/21-8/27 Contact center for program details and rates		✓				✓	5-10yrs		✓	✓		✓			✓			✓	✓				
<b>City of Rockville</b> 111 Maryland Avenue, Rockville, MD 20850 (240) 314-8623 www.rockvillemd.gov/recreation/guide/camp06 Over 20 programs offered Contact camp for session and program details		✓	✓			✓	3-17yrs	✓	✓	✓	✓		✓	✓	✓			✓	✓		✓	✓	
<b>Discovery Day Camp</b> 9029 Bradley Boulevard, Potomac, MD 20854 (301) 949-4642; www.discoverydaycamp.com Sessions dates include 6/18-7/6, 7/9-7/27 & 7/30-8/10		✓				✓	4-12yrs						✓										✓
<b>Discovery Sports Center-Multi Sport Camp</b> 18031 Central Park Circle, Germantown, MD 20841 (301) 528-1480; www.discoverysportscenter.org Contact camp for session details		✓				✓	5-17yrs											✓		Various specialized sports camps			✓
<b>Executive Child Development Center</b> 6006 Executive Boulevard, Rockville, MD 20852 (301) 496-9411; http://does.ors.od.nih.gov Contact center for session and program details		✓				✓	5-12yrs		✓				✓		✓			✓	✓			✓	
<b>Evergreen Camp</b> 10700 Georgia Avenue, Wheaton, MD 20902 (301) 942-5979; www.evergreenschool.com/camp Ten one-week sessions beginning 6/18 Contact camp for program details and rates		✓				✓	3.5-12yrs		✓	✓			✓		✓			✓	✓	Multiple Week Discounts	✓	✓	



DAY CAMPS	TYPE						ACTIVITIES														COST		
	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grades	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
<b>MONTGOMERY COUNTY, MD</b>																							
<b>Geneva Summer Camp</b> 11931 Seven Locks Road, Potomac, MD 20854 (301) 340-7704; www.genevadayschool.org Half and Full days available; program offers nine one-week sessions beginning 6/4		✓				✓	2-5yrs		✓				✓									✓	
<b>Georgetown Hill Schools and Camps</b> 8311 Bells Mills Road, Potomac, MD 20854 (301) 299-7360 x 6; www.georgetownhill.com Camp offered M–F Partial week enrollment is available Contact camp for session details and rates						✓	2yrs— 2nd Grade		✓		✓				✓			✓	✓	Cooking Science Trips			
<b>Grace Episcopal Day School</b> 9411 Connecticut Avenue, Kensington, MD 20896 (301) 585-3513; www.geds.org Program offers five one-week sessions beginning 7/9		✓				✓	3-12yrs		✓	✓	✓	✓	✓		✓	✓		✓		Martial Arts Science		✓	
<b>Green Acres School Summer Camp</b> 11701 Danville Drive, Rockville, MD 20852 (301) 881-4100; www.greenacres.org Camp offers half & full day opportunities; three-week and six-week sessions begin 6/18		✓	✓			✓	3-13yrs		✓	✓	✓	✓	✓					✓	✓	Transportation offered on a group stop basis.		✓	✓
<b>Gymnastics of America</b> 602 East Diamond Avenue, Gaithersburg, MD 20877 (301) 977-3835; www.gymnasticsofamerica.com Program offers half & full day opportunities; Twelve one-week sessions beginning 6/11		✓				✓	4-14yrs							✓						10% Sibling discount	✓	✓	
<b>Headfirst Sports Summer Camps</b> Serving Washington DC & Montgomery County (202) 625-1921; www.playheadfirst.com Program offers thirteen one-week sessions beginning 6/4		✓		✓	✓		3 1/2- 14yrs				✓							✓		Cooking Magic Science Spanish		✓	
<b>The Heights School Summer Camps</b> 10400 Seven Locks Road, Potomac, MD 20854 (301) 365-4300; www.heights.edu Contact camp for session details and rates					✓		7-14	✓				✓						✓					
<b>Imagination Stage</b> Bethesda, Rockville & Washington DC locations (301) 961-6060; www.imaginationstage.org Camp sessions range from one to five weeks; first sessions begin 6/18						✓	1-18yrs		✓		✓				✓					Discounts & Schol- arships available		✓	✓

Day Camps	Type							Activities													Cost		
MONTGOMERY COUNTY, MD	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grade	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
		✓				✓	6-12yrs											✓		Field Trips Karate, Kickboxing Tae Kwon Do		✓	
		✓				✓	2-11yrs		✓			✓	✓		✓			✓					
		✓				✓	5-14yrs	✓	✓				✓					✓	✓	Adventure Camp, Cheer Camp, Foot- ball Camp, Skate Camp, Soccer Camp, Travel Camp		✓	
		✓	✓			✓	5-14yrs	✓	✓				✓					✓	✓			✓	
		✓				✓	3 1/2- 17yrs		✓			✓	✓		✓		✓	✓		Keyboarding Photography Study abroad		✓	✓
		✓				✓	5-12yrs		✓				✓		✓			✓					
		✓					5-18yrs		✓	✓	✓	✓			✓			✓		Half and full day opportunities		✓	✓
		✓		✓			7-17yrs													Modeling		✓	

DAY CAMPS	TYPE						ACTIVITIES														COST		
MONTGOMERY COUNTY, MD	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages/Grades	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$500	\$150 to \$500	More than \$500
<b>Montgomery College Summer Programs</b> Rockville, Takoma Park & Germantown Campus 240-251-7917; www.montgomerycollege.edu Contact college for session and location details						✓	5-18yrs			✓		✓						✓			✓	✓	✓
<b>Montgomery County Recreation Department</b> 240-777-6870; www.montgomerycountymd.gov/rec A variety of camps are offered depending on age and interest; contact the department for details						✓	3-21yrs	✓	✓	✓	✓		✓	✓	✓			✓	✓		✓	✓	
<b>Pro Power Football</b> Avenol Park, Potomac, MD (800) 388-1443; www.propowerfootball.com Program offers one-week session; contact camp for session details					✓		7-17yrs											✓				✓	✓
<b>The Rockville Ice Arena Summer 2007 Day Sports Camp</b> 50 Southlawn Court, Rockville, MD 20850 (301) 294-8101; www.rockvilleicearena.com Several weekly sessions offered; contact camp for session details						✓	5yrs and up											✓		Ice Skating		✓	
<b>Rockville Sportplex Sports Camp</b> 60 Southlawn Court, Rockville, MD 20850 301-838-4455; www.rockvillesports.com Camp offers twelve one-week sessions beginning 6/11		✓		✓	✓	✓	6-12yrs											✓		Half day & full day opportunities		✓	
<b>Sidwell Summer—Bethesda Campus</b> 5100 Edgemoor Lane, Bethesda, MD 20814 (202) 537-8133; www.sidwell.edu/summer Programs offered in five DC-area locations Camp offers three two -week sessions and one six-week session beginning 6/18						✓	3 1/2 -18yrs		✓	✓	✓		✓		✓			✓	✓	Offers trips abroad			✓
<b>St. Andrew's Summer Programs</b> 8804 Postoak Road, Potomac, MD 20854 (301) 983-5200 x226, www.saes.org Offers several programs based on age and interests Contact program for session and program details		✓				✓	6-18yrs	✓	✓	✓	✓	✓	✓		✓	✓		✓	✓	5% Sibling Discount Credits offered Financial aid			

DAY CAMPS	TYPE						ACTIVITIES														COST		
	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grade	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
<b>MONTGOMERY COUNTY, MD</b>																							
<b>Steve Knapman Brit-Am Soccer Academy</b> 12853 Climbing Ivy Drive, Germantown, MD 20874 Some programs in Kensington & Bethesda, MD 301-916-9053						✓	3-18yrs											✓		Soccer instruction for all ages and levels	✓	✓	
<b>Stone Ridge Summer CampUs</b> 9101 Rockville Pike, Bethesda, MD 20814 (301) 657-4322 x407; www.stoneridge.org Contact school for program details Over 30 programs		✓				✓	4-17yrs	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓			✓	✓
<b>Summer at Norwood</b> 8821 River Road, Bethesda, MD 20817 (301)841-2254; www.norwoodschool.org/summer Camp sessions are 6/18-7/6, 7/9-7/27& 7/30-8/10 Offers several programs based on age and interest		✓				✓	3 1/2-14yrs	✓	✓	✓	✓	✓	✓		✓			✓	✓	CIT Program Musical Theatre Urban Adventures			✓
<b>Summer Friends Day Camp</b> 16923 Norwood Road, Sandy Spring, MD 20860 (301) 774-7455 x167; www.ssfs.org/summercamp Camp offers several programs Contact camp for session details		✓	✓			✓	4-17yrs	✓	✓	✓	✓	✓	✓		✓			✓	✓	Offers half day opportunities for 4-5yrs.		✓	
<b>Summer Programs at Camp Littlefoot</b> 9975 Medical Center Drive, Rockville, MD 20850 (301) 738-9691; www.ttlc.org Camp offers several programs Contact camp for session details	✓	✓				✓	8-17yrs		✓	✓	✓		✓					✓	✓	Designed for children with a variety of special needs			✓
<b>Teens To Go</b> P.O. Box 220; Germantown, MD 20874 301-540-4356, www.teenstogo.org Camp offers two types of programs based on age; eight one-week sessions beginning 6/18			✓			✓	8-15yrs	✓					✓					✓	✓	Field Trips to beaches & theme parks		✓	
<b>TIC Summer Camps - 2 locations</b> 9600 Forest Rd, Bethesda, MD and 7005 Georgetown Pk, McLean, VA (703) 241-5542; www.ticcamp.com Four two-week sessions beginning on 6/18 & 6/25		✓				✓	7-16yrs			✓	✓			✓				✓		Technology			✓
<b>YMCA Bethesda</b> —2 locations/Bethesda, Chevy Chase (301) 530-3725 & (301) 530-8500 www.ymcawashdc.org YMCA offers several programs Contact camp for session details		✓				✓	3-16yrs	✓	✓	✓	✓		✓	✓	✓			✓	✓			✓	

DAY CAMPS	TYPE							ACTIVITIES														COST		
PRINCE GEORGES COUNTY, MD	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grades	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500	
		✓				✓	3-9		✓		✓		✓					✓	✓	Spanish		✓		
		✓				✓	3-9		✓				✓					✓		Field Trips		✓		
		✓					7-17yrs			✓		✓								Residential Technology			✓	
		✓				✓	5-12		✓		✓		✓					✓	✓	Field Trips Ice Cream Science		✓		
		✓					6-12yrs		✓	✓		✓	✓					✓	✓	Ice-Skating		✓		
	✓	✓				✓	3-17yrs		✓		✓		✓		✓			✓	✓	Basketball Camp Counselors in Training (CIT) Field Trips Kindercamp	✓	✓	✓	
		✓				✓	3-13 yrs	✓	✓				✓	✓					✓					

DAY CAMPS	TYPE							ACTIVITIES														COST		
PRINCE GEORGES COUNTY, MD	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grades	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500	
Holy Trinity Episcopal Day School 13106 Annapolis Rd., Bowie, MD 20720 (301) 262-5355; www.htrinity.org Program offers seven one-week sessions		✓	✓				Kinder- garten—9th grade		✓		✓	✓	✓		✓	✓		✓	✓	Culinary Off-campus activities Science				
Kids Out & About 6339 Allentown Road, Camp Springs, MD 20748 (301) 449-0024 Contact camp for session details and rates		✓				✓	6-17					✓	✓						✓	Field Trips	✓			
Kingdom Care Child Enrichment Summer Camp 11901 Galaxy Lane, Bowie, MD 20715 301-464-7629; www.kingdomcare.net Contact camp for session details and rates		✓					5- 11yrs	✓	✓	✓						✓				Field Trips				
Klotz Institute of Karate 13617 Annapolis Rd, Bowie, MD (301) 464-5520; www.klotzkarate.com Contact camp for session details and rates						✓	5- 13yrs		✓											Games Martial arts Trips		✓		
Maryland International School 6400 Livingston Road, Oxon Hill, MD 20745 (301) 567-9101; www.themidschool.org Contact school for details and rates		✓				✓	4-12		✓		✓				✓				✓	Spanish immer- sion camp				
Maryland National Park & Planning Commission Various Locations http://www.pg parks.com/things/camps.html Program offers many programs based on age and interest Contact camp for session dates and requirements		✓				✓	3- 18yrs	✓	✓		✓	✓	✓	✓	✓			✓	✓			✓		
New Hope Academy 7009 Varnum Street, Landover Hills, MD 20784 (301) 459-7311; www.newhopeacademy.org Program offers ten one-week sessions		✓				✓	1st— 7th grade	✓	✓	✓		✓						✓	✓	Exploration Nature Science Weekly field trips				

DAY CAMPS	TYPE						ACTIVITIES														COST		
	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grade	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
<b>PRINCE GEORGES COUNTY, MD</b>																							
<b>Open Arms Christian Child Development Center</b> 13611 Laurel-Bowie Road, Laurel, MD 20708 (240) 568-9352; <a href="http://www.oslclaurel.org/education">www.oslclaurel.org/education</a> Contact center for session details and rates		✓				✓	2yrs-6th grade		✓		✓		✓		✓	✓		✓		Entertainment Field trips Weekly themes			
<b>Tennis Center at College Park</b> 5200 Paint Branch Parkway, College Park, MD 20740 (301) 779-8000 Contact camp for session details		✓				✓	5-16											✓				✓	
<b>Trinity Campers at HTLC</b> 7607 Old Sandy Spring Rd, Laurel, MD 20707 (301) 317-6600 Contact camp for session and program details and rates		✓				✓	5-12yrs		✓	✓	✓		✓		✓	✓		✓	✓	Field Trips			
<b>University of Maryland Camps</b> College Park, MD 20741 <a href="http://www.education.umd.edu/sucp/summer_programs.html">www.education.umd.edu/sucp/summer_programs.html</a> Camp offers several programs	✓	✓		✓	✓	✓	6-18		✓	✓	✓	✓	✓	✓	✓			✓	✓	Great variety of sports camps		✓	
<b>University of Maryland College Park—Sports Camps</b> Various locations <a href="http://umterps.cstv.com/ot/md-camps.html">http://umterps.cstv.com/ot/md-camps.html</a> Visit website for details, contact information & rates						✓	Varies per camp										✓	✓		Great variety of sports offered			
<b>YMCA Potomac Overlook Summer Camp</b> 10709 Indian Head Highway, Fort Washington, MD 20744 (301) 203-2302; <a href="http://www.ymcaprincegeorges.org/">http://www.ymcaprincegeorges.org/</a> YMCA offers several programs based on age and interest Call or visit website for details	✓	✓				✓	4-15yrs	✓	✓			✓	✓	✓	✓		✓	✓	✓	Numerous Camps		✓	

DAY CAMPS	TYPE							ACTIVITIES												COST			
WASHINGTON, DC	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grade	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
<b>A + Martial Arts, Gymnastics, Swimming &amp; Sports Camp</b> 7616 Georgia Ave, NW, Washington DC (202) 387-8622; www.universalmartialartscenter.com Eight-week session beginning 6/18		✓					3-16yrs					✓		✓				✓	✓	Martial Arts Off ground activities			
<b>Beauvoir, The National Cathedral Elementary School</b> 3500 Woodley Rd, N.W. Washington DC (202) 537-6482; www.beauvoirschool.org School offers programs based on age and interest Contact school for session details		✓				✓	3-10yrs		✓	✓	✓	✓	✓		✓			✓	✓	Field Trips CIT Programs (11-15yrs)		✓	✓
<b>Budding Yogis</b> 5615 39th St NW, Washington, DC (202) 686-1104; www.buddingyogis.com Offers seven one-week sessions beginning 6/11						✓	5-12 yrs old		✓							✓				Yoga		✓	
<b>Camp Arena Stage</b> 1524 35th St., N.W., Washington DC (202) 488-3300; www.arenastage.org Four-week session beginning 6/25; two-week session beginning 7/23		✓				✓	8-15yrs		✓	✓	✓				✓					Field Trips			✓
<b>Capitol Hill Day School</b> 210 South Carolina Ave, S.E., Washington DC (202) 547-2244; www.chds.org Camp offers seven—one week sessions Contact camp for session dates and requirements		✓					4-14yrs	✓	✓		✓				✓				✓	Martial Arts Yoga Overnight Camp- ing		✓	
<b>CASA at Sheridan-Creative Arts and Summer Adventure</b> (202) 895-0250; www.casaatsheridan.org Two three-week sessions beginning 6/18 & 7/9 Camp offers several programs based on age and interest Contact camp for details						✓	3yrs- 9th grade	✓	✓		✓	✓		✓	✓			✓	✓	Cooking			✓
<b>CCBC Children's Center Summer Fun</b> 5671 Western Ave, NW, Washington, DC 20015 (202) 966-3299; www.ccbccc.org Sessions vary depending on age Contact camp for details and rates						✓	2-5 yrs		✓						✓				✓	Science & Cook- ing			
<b>Corcoran College of Art + Design's Camp Creativity</b> Georgetown, 1801 35th St, N.W., Washington DC (202) 639-1820; www.corcoran.edu Camp offers several programs based on age Contact camp for details		✓				✓	1st grade- 10th grade		✓													✓	
<b>Creative Arts &amp; Summer Adventure, Sheridan School</b> 4400 36th St., N.W., Washington DC (202) 895-0250 ext 113; www.casaatsheridan.org Contact camp for session dates and requirements		✓				✓	3-16yrs		✓	✓	✓	✓		✓				✓	✓	Photography Yoga			



Day Camps	Type							Activities													Cost		
Washington, DC	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grade	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
Discovery Creek Children's Museum, Summer Nature Adventure MD, DC & VA locations (202) 337-5111; www.discoverycreek.org One ten-week session beginning 6/18		➤				➤	4-11yrs	➤	➤			➤								Camping Field Trips Hiking Nature Trips Rock Climbing			
The Enrichment Centers MD, DC & VA locations (301) 229-1744; www.enrichmentcenters.com Programs are offered as half or full day programs. Contact center for session dates		➤				➤	3-18yrs	➤			➤	➤			➤			➤		Creative Art Programs Yoga	➤	➤	
Headfirst Sports Camp Various locations throughout Washington DC (202) 625-1921; www.playheadfirst.com Contact camp for session dates and requirements		➤				➤	4-14yrs				➤								➤		➤	➤	
Levine School of Music, Summer Music Day Camp 2801 Upton Street, N.W., Washington DC (202) 686-8000 ext. 1040; www.levineschool.org MD and VA locations also available Camp offers half and full day opportunities Three-week sessions beginning 6/25 and 7/16		➤				➤	3.5— 12yrs		➤		➤	➤		➤						Sibling dis- counts			➤
Lowell School Summer Camp 1640 Kalmia Road, N.W., Washington DC (202) 577-2006 www.lowellschool.org/programs/summer.html Camp offers two three-week sessions beginning 6/18 & 7/9	➤	➤					3-14yrs	➤	➤	➤		➤	➤				➤	➤	➤				
Passport to Summer, Washington International School 1690 36th Street, N.W., Washington DC (202) 243-1791; www.wis.edu Contact camp for sessions dates and requirements		➤	➤			➤	3-16yrs		➤	➤	➤	➤						➤		Field Trips Martial Arts Photography Yoga			
Rock Creek International School 1550 Foxhall Road, N.W., Washington DC (202) 965-8700; www.rcis.org Contact camp for session dates and requirements		➤	➤			➤	4-15yrs		➤			➤			➤			➤	➤	Language Immersion Field Trips			
Sidwell Friends School 3825 Wisconsin Ave, N.W., Washington DC (202) 537-8133; www.sidwell.edu/summer Eleven-week session begins 6/11		➤	➤			➤	3.5- 18yrs	➤		➤	➤	➤	➤	➤	➤			➤	➤	Field Trips Rock Climbing Hiking Overnight		➤	➤

Day Camps	Type							Activities													Cost		
Washington, DC	Special Needs	Extended Day	Transportation	Girls	Boys	Co-ed	Ages / Grade	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
Summer at St. Patrick’s, Episcopal Day School 4700 Whitehaven Parkway, N.W., Washington DC (202) 342-2813; www.stpatsdc.org Program offers half day and full day sessions Two three-week sessions beginning 6/18, 7/9 Two-week gap program beginning 7/30		✓				✓	3-14yrs	✓	✓	✓		✓			✓			✓	✓	CIT program Field Trips Hiking Nature Trips Photography			✓
Summer Horizons Camp, National Presbyterian School 4121 Nebraska Ave, N.W., Washington DC (202) 537-7500; www.nps-dc.org Contact camp for session dates and requirements Nine-weekly sessions beginning 6/18		✓				✓	3-11yrs		✓		✓				✓	✓		✓	✓	Martial Arts Field Trips		✓	
Summer Safari Day Camp Friends of the National Zoo 3001 Connecticut Ave, Washington DC 20008 (202) 633-3026; www.fonz.org Camp offers eight one-week sessions Contact camp for details		✓				✓	5yrs-10yrs	✓	✓	✓		✓	✓			✓	✓	✓	✓	Must be a FONZ member		✓	
The Theatre Lab, Summer Acting Camp for Kids 733 8th Street, N.W., Washington DC (202) 824-0449; www.theatrelab.org Contact camp for session dates and requirements One Week Magic Camp available for 9-14 year olds		✓				✓	6-18yrs				✓									Scholarships available		✓	
Washington DC JCC 2007 Summer Day Camp 1529 Sixteenth Street NW, Washington, DC 20036 (202) 777-3274; www.washingtondcjcc.org Program offers several camps based on age and interest Contact camp for details		✓				✓	Pre K—12th grade	✓	✓		✓		✓	✓	✓			✓	✓	Family discounts available Field Trips		✓	✓
YMCA Anthony Bowen Summer Camp 2007 1325 W Street, NW, Washington, DC 20009 (202) 232-6700; www.ymcawashdc.org YMCA offers various camps based on age and interest Contact camp for details						✓	4-14 yrs		✓			✓		✓			✓	✓	✓	Archery, Mar- tial Arts, Science, Family Events, Sibling discounts	✓	✓	

RESIDENTIAL CAMPS	TYPE						ACTIVITIES														COST		
	Special Needs	Extended Day	Transportation	Girls Only	Boys Only	Co-ed	Ages / Grade	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
<b>DC, MD, VA, WV &amp; PA</b>																							
<b>ACA - American Camp Association</b> (800) 347-7523; <a href="http://www.acavirginiascamps.org">www.acavirginiascamps.org</a> Visit the ACA website to search for the camp that fits your interests	✓	✓	✓	✓	✓	✓	All ages	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓	✓
<b>Allegheny Riding Camp</b> PO Box 308; Route 453 South; Tyrone, PA 16686 (814) 684-3000; <a href="http://www.bestcamp.org">www.bestcamp.org</a> Contact camp for session details				✓			7–17yrs		✓		✓						✓	✓	✓	Horse Back Riding CIT Program Internships		✓	✓
<b>Anne Arundel Family YMCA</b> 8055 Ritchie Highway, Ste 205, Pasadena, MD 21122 (410) 760-4363 <a href="http://www.ymcamd.org/info_pages/summercamp2007.html">www.ymcamd.org/info_pages/summercamp2007.html</a> Held at various sites throughout the city Camp offers several programs based on age, offering one-week sessions		✓		✓	✓	✓	3-16 yrs	✓	✓		✓	✓	✓		✓			✓	✓	Day camp and Residential camp Golf Science	✓	✓	
<b>Camp Farthest Out Inc.</b> Sykesville, MD (410) 523-1700 / (410) 233-0117 Program offer two and eight-week sessions Both day and residential programs offered						✓	Ages 7-12	✓	✓		✓	✓	✓		✓	✓		✓		African-American cultural focus Financial aid available	✓		
<b>Camp Friendship</b> 573 Friendship Way; Palmyra, VA 22963 (800) 873-3223; <a href="http://www.campfriendship.com">www.campfriendship.com</a> Camp offers one and two week sessions Contact camp for session details						✓	6-16yrs	✓						✓			✓	✓		Trail Riding Canoeing Water Skiing			✓
<b>Camp Highroad</b> 21164 Steptoe Hill Road, Middleburg, VA 20117 540-687-6262; <a href="http://www.camphighroad.org">www.camphighroad.org</a> Offers several one-week sessions beginning 6/24						✓	8-17yrs	✓								✓	✓	✓		Various camp themes for different age groups		✓	
<b>Camp Horizons</b> 3586 Horizons Way; Harrisonburg, VA 22802 (540-896-7600; <a href="http://www.camphorizonsva.com">www.camphorizonsva.com</a> ) One-week sessions begin 6/17 & 8/19; Two-week sessions begin 6/24, 7/8, 7/22 & 8/5						✓	6-16yrs		✓		✓				✓		✓	✓	✓	CIT Programs			✓
<b>Camp Rim Rock</b> PO Box 69; Yellow Spring, WV (800) 662-4650; <a href="http://www.camprimrock.com">www.camprimrock.com</a> Season begins in June Contact camp for session details				✓			2nd-11th grade		✓		✓				✓		✓	✓	✓	Activities and ages vary			✓

RESIDENTIAL CAMPS	TYPE						ACTIVITIES														COST		
	Special Needs	Extended Day	Transportation	Girls Only	Boys Only	Co-ed	Ages / Grade	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
<b>DC, MD, VA, WV &amp; PA</b>																							
<b>Camp St. Charles</b> 15375 Stella Maris Dr., Newburg, MD20664 (301) 259-2645; www.campstcharles.com Camp begins in June; four two- weeks sessions First sessions begin 6/24						✓	7-13yrs		✓			✓				✓		✓	✓	Archery Boating Petting Zoo Riflery Sibling Discounts			✓
<b>Camp Wabanna</b> 101 Likes Rd., Edgewater, MD 21037 (410) 798-0455; www.campwabanna.org Contact camp for session and program details		✓				✓	4-15 yrs	✓	✓		✓		✓			✓		✓	✓	Day Camp and Residential Camp		✓	✓
<b>Carroll Co. 4H Youth Development</b> Westminster, MD (410) 386-2760; www.maryland4h.org/camp Two one-week sessions beginning 6/18 and 7/2 Both day and residential programs offered						✓	Ages 8-14	✓	✓		✓	✓	✓					✓	✓	CIT Program Financial Aid Leadership Development	✓		
<b>Cyber Camps</b> University of Maryland College Park Campus (888) 904-2267; www.cybercamps.com Weekly sessions begin 6/25-7/30 Offers several programs based on age and interest		✓					7-17yrs			✓		✓								Residential Technology			✓
<b>Maryland Park Service—Outdoor Discovery Camp</b> Annapolis, MD (410) 260-8154 Season begins in June; contact camp for details	✓					✓	8-17yrs	✓												Activities and ages vary		✓	✓
<b>McDonogh Summer Programs</b> 8600 McDonogh Rd., Owings Mills, MD 21117 (410) 998-3519; www.mcdonogh.org Camp offers one, two, three & four-week sessions Lunch included for full-time campers		✓	✓			✓	4-16yrs	✓	✓	✓	✓	✓	✓		✓		✓	✓	✓	Film-making Music- technology Overnight sports camps	✓	✓	✓
<b>Sidwell Summer—Overnight Camp Program</b> 3825 Wisconsin Ave. NW Washington DC 20016 (202) 537-8133; www.sidwell.edu/summer Season begins in June; contact camp for details							9-17yrs													5 Programs			✓
<b>Spanish Learning Abroad</b> 531 Beall Avenue, Rockville MD 20850 (301) 309-0418; www.spanishlearningabroad.com Two sessions beginning 6/15 and 7/2							8th-11th grade					✓								Spanish immer- sion program for teens			✓

RESIDENTIAL CAMPS	TYPE						ACTIVITIES													COST			
DC, MD, VA, WV & PA	Special Needs	Extended Day	Transportation	Girls Only	Boys Only	Co-ed	Ages / Grade	Adventure	Art	Computer	Dance/ Performing Arts	Educational	General	Gymnastic	Music	Religious	Riding	Sports	Swimming	Other	Less than \$150	\$150 to \$500	More than \$500
						✓	11-17yrs											✓	✓			✓	✓
						✓	Contact camp	✓										✓	✓	Crew Sailing Exploration Fishing		✓	✓
						✓	8th-11th grade													Intensive fishing, nature & conser- vation program			✓
																				Financial aid			
YMCA Camp Letts 4003 Camp Letts Road, Edgewater, MD 21037 (410) 919-1415; www.campletts.org Camp offers nine one-week sessions		✓				✓	5-10 yrs	✓	✓		✓		✓				✓	✓	✓	Day Camp and Residential Camp		✓	✓

## **WORK/LIFE RESOURCES**

**800-777-1720**

**NIH Work/Life Center**

**Building 31, Room B2B47**

**31 Center Drive, MSC 2205**

**Bethesda, MD 20892-2205**

**Phone: 301-435-1619**

**Fax: 301-480-0606**

This information is provided by the NIH Work/Life Center's Resource & Referral Service. All services are free of charge to NIH employees. Call us for further assistance in finding care throughout the year for either your child, an older relative or disabled spouse. Tips sheets and books for caregivers are also available at no cost to employees.

Some of the resources offered include:

- *What to Expect When Expecting*
- *What to Expect the Toddler Years*
- *Helping Your Preschool Child*
- *How to Care for Aging Parents*
- *Student Guide to College Aid*
- *Guide to Balancing Work & Family*

In addition, the NIH Work/Life Center offers:

- Work/Life Consultation
- Career Consultation & Workshops
- Legal Services
- Financial Services
- Lactation Service
- Life Seminars
- Customized Training

**Please visit us on the web at <http://wlc.od.nih.gov>**

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